



**Indiana**  
**Department**  
**of**  
**Health**

# UPDATED K-12 GUIDANCE FOR ISOLATION AND QUARANTINE

12/30/2021

# K-12 Guidance

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- **CDC states additional school guidance will be coming (not certain of release date)**
  - **We will update our guidance as CDC guidance changes**
- We will post under Back to School Resources later today
- Remember: the safest and most consistent guidance for the school environment is to have everyone consistently and correctly masked, no matter which guidance your school or district chooses to follow.
  - The parent daily screening tool has been updated: [https://www.coronavirus.in.gov/files/21\\_Parent-screening-12-29-21.pdf](https://www.coronavirus.in.gov/files/21_Parent-screening-12-29-21.pdf)
    - If the student, teacher or staff member is not feeling well, they should stay home and get tested
    - If the student, teacher or staff member begins feeling ill at school, they should go home immediately and get tested

The following guidance is for schools with a **mask requirement**.

Mask wearing is monitored and all students, teachers, and staff wear masks consistently in the classroom.



# K-12 Isolation Guidance: When all are masked

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## If student tests positive:

- Stay home for 5 days
- Return to school Day 6 if asymptomatic or symptoms are resolving and continue to mask for 5 days in classroom (if unable to mask properly at all times, must remain isolated at home for full 10 days)
  - Fever-free for 24 hours without medication and other symptoms improving
- Can resume extracurricular activities on Day 6 if able to wear a mask properly at all times for Days 6-10, above conditions are met and cleared by physician (<https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>)

# K-12 Quarantine Guidance: When All Are Masked

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## If student is **exposed** to someone with **COVID-19** in the **classroom**:

- As long as continue to be asymptomatic, may remain in school and continue to wear a mask properly at all times, test on Day 5 if possible
- May continue extracurricular activities; wear a mask properly at all times when able (while not actively performing or actively playing during your sporting activity) for all 10 days
- If symptoms develop, get a test and stay home and if positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

# K-12 Quarantine Guidance: When All Are Masked

If student is **exposed to someone with COVID-19 outside of the classroom, including home contacts:**

- If **fully vaccinated** (have received all doses of vaccines, including booster if eligible)
  - As long as asymptomatic, may remain in school and continue to mask at all times in classroom; test on Day 5 if possible
  - May continue extracurricular activities; wear mask for 10 days (while not actively performing or actively playing during your sporting activity)
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.
- If **unvaccinated or partially vaccinated:**
  - Stay home for 5 days; test on Day 5 if possible
  - Return to class on Day 6 if still asymptomatic. Continue to wear a mask for Days 6-10.
  - No extracurricular activities for 5 days of home quarantine. May resume Day 6 only if able to wear a mask at all times (including while actively performing or playing during your sporting activity) for Days 6-10.
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

The following guidance is for schools **without a mask requirement.**



# K-12 Isolation Guidance: No Mask Requirement

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## If student tests positive:

- Stay home for 5 days
- Return to school on Day 6 if asymptomatic or symptoms are resolving and must mask for Days 6-10 in classroom
  - Fever-free for 24 hours without medication and other symptoms improving
- Can resume extracurricular activities on Day 6 only if able to wear a mask properly at all times for Days 6-10, above conditions are met and cleared by physician (<https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>)



# K-12 Quarantine Guidance: No Mask Requirement

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If student is **exposed** to someone with COVID-19 in or outside the classroom, including home contacts:

- If **fully vaccinated** (have received all doses of vaccines, including booster, if eligible):
  - May remain in school as long as continue to be asymptomatic
  - Wear a mask at all times in classroom for at least 10 days (quarantine ends 10 days after the last day of exposure to the positive case), test on Day 5 if possible
  - May continue extracurricular activities; mask at all times while not actively performing or actively playing during your sporting activity
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

# K-12 Quarantine Guidance: No Mask Requirement

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If student is **exposed** to someone with COVID-19 in or outside the classroom, including home contacts, continued:

- If **unvaccinated or partially vaccinated**:
  - Stay home for 5 days after the last day of exposure to the positive case; test on Day 5 if possible
  - Return to class on Day 6 if asymptomatic, wear a mask at all times in classroom for at least 5 days (quarantine ends 10 days after the last day of exposure to the positive case)
  - No extracurricular activities for 5 days of home quarantine. May resume Day 6 only if able to wear a mask at all times (including while actively performing or playing during your sporting activity) for Days 6-10.
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.